



SUNRISE

THE SASKATOON & DISTRICT AA NEWSLETTER

ANNUAL SUBSCRIPTION: \$5 FOR 12 MONTHLY ISSUES.
Mailed Subscriptions: Contact Central Office for price.
(ALSO AVAILABLE VIA EMAIL FOR NO CHARGE, sign up on page 2)

I am Responsible . . .

**When anyone, anywhere
reaches out for help**

**I want the hand of AA to be there,
And for that,**

. . . I Am Responsible

Service Meetings

Central Office Committee:

Monday March 6, 2023

Zoom Meeting ID: 883 1791 4906

Password: CentralO

6:30 PM

Intergroup Meeting:

Wednesday, March 8, 2023

Zoom Meeting ID: 852 7303 7221

Password: Intergroup

6:30 PM

Round Up Committee Meeting:

Wednesday, March 1, 2023

Zoom Meeting ID: 839 5821 4276

Password: Roundup

6:30 PM

Newsletter Submission Deadline:

20th of the Month for entries in the next months
newsletter.

GSR Meetings

District 8: 1st Wednesday

March 1, 2023

Zoom Meeting ID: 841 336 5102

Password: 123456

7:00 PM

District 19: 2nd Wednesday

March 8, 2023

7:00 PM

District 20: 2nd Wednesday

March 8, 2023

7:00 PM

District 21: 3rd Wednesday

March 15, 2023

6:30 PM

NEWSLETTER SIGN UP

Provide your email address to Central Office for a
BCC delivery of the Newsletter to your mailbox!
aasaskatoon@sasktel.net or 306-665-6727

All quotations from AA and AA Grapevine literature are printed with consent from A. A. World Services, Inc. and
AA Grapevine.

Central Office Hours: Mon to Fri 8:00—1:00 PM & 1:30-4:30 PM (Closed on statutory holidays).
Published by Saskatoon & District Central Office, 515—245 3rd Avenue South, Saskatoon, SK S7K 1M4
Email: aasaskatoon@sasktel.net Website: aasaskatoon.org Phone: (306) 665-6727

CENTRAL OFFICE & INTERGROUP COMMITTEE***CENTRAL OFFICE***

NAME	POSITION	PHONE	EMAIL
Paige F.	Chair	639-471-1433	paige87789@gmail.com
Kieran L	Alternate Chair	306-222-3428	kieranl@nulifegroup.com
Nathan Y	Treasurer	306-221-3190	Nggy568@yahoo.ca
Cheryl K.	Newsletter	306-230-2497	klassenc@sasktel.net
	Literature		
Greg D.	PI/CPC	306-291-5819	gcd08@hotmail.com
Brian B.	Corrections	306-220-0025	bbauche@shaw.ca
Cristin W.	Institutions	306-291-6182	cristinwald@gmail.com
Sandy G.	Alternate Institutions	306-221-2149	sandyguyette@gmail.com
Greg L.	Telephone Answering Service		glinka306@gmail.com

INTERGROUP

NAME	POSITION	PHONE	EMAIL
Doug B.	Chair	760-702-5175	supertightenterprise@gmail.com
Carol S.	Alternate chair	306-270-0486	cpstobbe@sasktel.net
	Treasurer		
	Secretary		
Wendie L	2023 Roundup Chair	306-292-6671	wjc149@sasktel.net
	Social Committee Chair		
	Document Retention Chair		

THE CENTRAL OFFICE HOURS
8:00AM-1:00PM & 1:30PM-4:30PM
MONDAY TO FRIDAY

Saskatoon Intergroup Needs your help...

Volunteer positions within the Intergroup Committee have become vacant & need to be filled. These positions are:

—Treasurer: This individual should have at least 5 years of sobriety & an ability to maintain, prepare, & present accurate financial records.

—Secretary: This person should have at least 3 years of sobriety. Duties include attending all Intergroup meetings & taking accurate minutes. He / She may be called upon by the Chairperson with various communications such as announcements, newsletter submissions etc.

If you are interested in either of these positions, please call or email Central Office @ 306-665-6727 or aasaskatoon@sasktel.net , talk to your Intergroup Representative or talk to Carol S. or Doug B. from the Intergroup Committee.

EDITOR'S STATEMENT

"Sunrise" publishes articles that reflect the full diversity of experience and opinion found within the Fellowship of Alcoholics Anonymous. In determining content, the editor relies on the principles of the Twelve Traditions. "Sunrise" values the shared experience of individual AA members working the AA program and applying the principles of the Twelve Steps. Seeking neither to gloss over difficult issues nor to present such issues in a harmful or contentious manner, "Sunrise" tries to embody the widest possible view of the AA Fellowship. The editor of "Sunrise" reserves the right to accept or reject material for publication, based on the AA traditions. (We note that this policy is consistent with that of the AA Grapevine.) Articles are not intended to be statements of AA policy, nor does publication of any article constitute endorsement by either Alcoholics Anonymous or Saskatoon Area Intergroup. Submissions are always welcome.

AA MILESTONES

UPON AWAKENING

Wayne N. March 30, 1990 32
years

Cake Day is
March 26th

GRACE and GRATITUDE

Darcie S. March 2, 2019 9 years

Birthday Meeting March 27th

SHAMROCK

Doug T. March 7, 1980 43 years
Kristian B. March 12, 2019 4 years

Send your groups milestones to

aaskatoon@sasktel.net

For announcements in the April newsletter, please have submission in by March 20th.

Welcome to 2023, hopefully your Holiday Season was happy, joyous and free. As we start a new year with new hopes and resolutions, one of them may be to become more involved with the Service leg of our Recovery Program of Alcoholics Anonymous (AA).

As you may be aware, there are three legs in the old visual “circle and triangle” of our Program. Each leg represents Unity, Recovery and Service. They can also be looked at in another way. Unity can also be considered the Fellowship; Recovery can be seen as the Program (the 12 Steps), and Service is how we carry the message to the alcoholic who still suffers, specifically the 12th Step or the **ACTION** we take to be helpful to the next or current AA member.

There are many forms of Service. Service can be opening the meeting room, setting up tables and chairs... making coffee (very important!) and chairing the meeting. Other forms are taking on responsibilities of Group Service Reps (GSR), Inter-Group Reps at the meetings level and it continues to District Committee Members and other ways to serve the meetings and members. Service also has the form of working directly with people who still suffer from alcoholism, namely the 12 Step Call.

Our AA Central Office in Saskatoon currently takes these calls and forwards the “suffering” persons information to AA Members who have voluntarily provided their names and numbers on a list to do this type of Service and work directly with the individual. This transfer of information happens during regular business hours, but AA calls can be taken 24 hours a day. A situation that provides a way for current AA Members to be “**OF SERVICE**” to someone who is still suffering if they call in after regular business hours.

Saskatoon AA Central Office uses the services of an “after-hours” call forwarding company. Once the Central Office is closed for the day, the after-hours calls that come into the office are forwarded to this company. The service is managed by the Telephone Answering Service Trustee and will coordinate with the 12 Step Volunteers to answer the after-hours calls. Four volunteers will share the calls over the month.

To be a part of this 12 Step work is easy to do. The calls can range from giving information to the caller about where the days meetings are to forwarding the callers information to a person that will do a 12 Step Call to the person who is still suffering.

Taking these calls can be done either by volunteering individually or on an AA Group basis. If your group is unsure or is looking for more information, the Telephone Answering Trustee can join your business meeting or meet for a conversation. For either individuals or groups, please contact Greg L at saskatoontas@gmail.com or 306.914.2399 (Text or call).

I Am Responsible.
When Anyone, Anywhere, Reaches Out For Help,
I Want The Hand Of A.A. Always To Be There.
And For That,
I Am Responsible!

Just a reminder, Central Office donations from our members are Tax Deductible.

**AREA 91 INFORMATION SESSION & WORKSHOP
ON THE 2023 CONFERENCE AGENDA ITEMS**

FEBRUARY 28TH 7PM – 9PM CST

MARCH 1ST 7PM – 9 PM CST

ZOOM ID – 810 8985 8631

PASSCODE – 416269

**Workshop on “THE PATH FOR AN IDEA TO BECOME AN AGENDA ITEM.”
Facilitated by Irma V., your Western Canada Trustee at Large.**

**Information Session on THE 2023 GENERAL SERVICE CONFERENCE AGENDA
ITEMS. Facilitated by Lori R., your Area 91 Panel 73 Delegate.**

**Open to all members of Alcoholics Anonymous in Area 91. This is a new
initiative which will enable groups to be more informed about the Conference
Agenda Items before sending their GSRs to the Spring Assembly on March 17th,
18th & 19th.**

**FOR INFORMATION ON THE SPRING ASSEMBLY, PLEASE VISIT AASASK.ORG
WEBSITE BELOW:**

**[https://aasask.org/wp-content/uploads/2023/01/Website-version-Spring-
Assembly-poster.pdf](https://aasask.org/wp-content/uploads/2023/01/Website-version-Spring-Assembly-poster.pdf)**

4419 YEARS and 11 days!!!!!!

That was the amount of sobriety at the Sobriety Countdown at the 56th Annual Saskatoon AA Roundup. Congratulations to everyone who participated in the countdown.

Planning will be starting right away for the 57th Annual Saskatoon Roundup. If you are interested in doing some service work and having a lot of fun while doing so, please consider coming to the next Roundup meeting on March 1, 2023 at 6:30pm. We meet at the Travelodge as well as having a zoom option.

INSTITUTIONS CHAIRING SCHEDULE - 2022							
Updated: December 21, 2022	LARSON HOUSE		WELCOME GROUP	CALDER CENTER			
	Mondays 8:00 PM	Fridays 8:00 PM	Saturdays 8:00 PM	ADULT - Tuesdays 8:00 PM	YOUTH - Fridays 8:00 PM		
			Zion Lutheran Church		(Except last Friday of Each Month)		
JANUARY	Jan. 2 - Howard & Angelina Jan. 9 - Holly Jan. 16 - Joe & Bradley Jan. 23 - Gina & Cheryl - Jan. 30 - Joe & Mark	Tea Room	Martensville Group	Jan. 3 - Samantha & Cheryl Jan. 10 - Howard & Angelina Jan. 17 - Samantha & Whitney	Been There Done That		
FEBRUARY	Dundonald Group	Dundonald Group		Kiss Group	Feb. 3 - Joe & Chelsea Feb. 10 - Joe & Bradley Feb. 17 - Joe & Chelsea		
MARCH			Attitude Adjustment	Westside Group			
APRIL	Upon Awakening	Upon Awakening		Mustard Seed			
MAY							
JUNE				Northerners			
JULY	Shamrock Group			Sutherland Group	Tea Room		
AUGUST	Roger	Roger					
SEPTEMBER	Sutherland Group		Been There Done That	Mustard Seed			
OCTOBER	Attitude Adjustment	Attitude Adjustment	New Freedom	Upon Awakening			
NOVEMBER	Rolling Stones		Westside Group	Fresh Air Group			
DECEMBER	Floral Group	Floral Group	Riders In Recovery	Mens Stag	December 23 - Serenity Group		
LEGEND:							
Annual Commitment	Open Opportunity	Filled Space - 2023 Only	Cristin W. - Institutions Trustee Phone - 306-291-6182 Email - aainstitutions@outlook.com				
Fellowship,							
We are looking for volunteers to chair meetings at the Institutions over the next few months.							
Key spots include:							
Larson House - Mondays at 8:00 PM							
Larson House - Fridays at 8:00 PM							
Welcome Group - Saturdays at 8:00PM							
Calder Adult - Tuesdays at 8:00 PM							
Calder Youth - Fridays at 8:00 PM (except the last Friday of Each Month)							
If you have any questions or would like to volunteer please contact:							
Cristin W.							
306-291-6182							
aainstitutions@outlook.com							