



SUNRISE

THE SASKATOON & DISTRICT AA NEWSLETTER

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(ALSO AVAILABLE VIA EMAIL FOR NO CHARGE, sign up on page 2)

Step 3 -Made a decision to turn our will and our lives over to the care of God as we understood Him.

PRACTICING Step Three is like the opening of a door which to all appearances is still closed and locked. All we need is a key, and the decision to swing the door open. There is only one key, and it is called willingness. Once unlocked by willingness, the door opens almost of itself, and looking through it, we shall see a pathway beside which is an inscription. It reads: "This is the way to a faith that works." In the first two Steps we were engaged in reflection. We saw that we were powerless over alcohol, but we also perceived that faith of some kind, if only in A.A. itself, is possible to anyone. These conclusions did not require action; they required only acceptance. Like all the remaining Steps, Step Three calls for affirmative action, for it is only by action that we can cut away the self-will which has always blocked the entry of God— or, if you like, a Higher Power—into our lives. Faith, to be sure, is necessary, but faith alone can avail nothing. We can have faith, yet keep God out of our lives. Therefore our problem now becomes just how and by what specific means shall we be able to let Him in? Step Three represents our first attempt to do this. In fact, the effectiveness of the whole A.A. program will rest upon how well and earnestly we have tried to come to "a decision to turn our will and our lives over to the care of God as we understood Him." To every worldly and practical-minded beginner, this Step looks hard, even impossible. No matter how much one wishes to try, exactly how can he turn his own will and his own life over to the care of whatever God he thinks there is? Fortunately, we who have tried it, and with equal misgivings, can testify that anyone, anyone at all, can begin to do it. We can further add that a beginning, even the smallest, is all that is needed. Once we have placed the key of willingness in the lock and have the door ever so slightly open, we find that we can always open it some more. Though self-will may slam it shut again, as it frequently does, it will always respond the moment we again pick up the key of willingness. From Twelve Steps and Twelve Traditions, Chapter on Step 3.

THIRD STEP PRAYER "God, I offer myself to Thee To build with me & to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, That victory over them may bear witness To those I would help of Thy Power, Thy love & Thy way of life, May I do Thy will always!"

Tradition 3 - The only requirement for A.A. membership is a desire to stop drinking.

THIS Tradition is packed with meaning. For A.A. is really saying to every serious drinker, "You are an A.A. member if you say so. You can declare yourself in; nobody can keep you out. No matter who you are, no matter how low you've gone, no matter how grave your emotional complications — even your crimes— we still can't deny you A.A. We don't want to keep you out. We aren't a bit afraid you'll harm us, never mind how twisted or violent you may be. We just want to be sure that you get the same great chance for sobriety that we've had. So you're an A.A. member the minute you declare yourself." To establish this principle of membership took years of harrowing experience. In our early time, nothing seemed so fragile, so easily breakable as an A.A. group. Hardly an alcoholic we approached paid any attention; most of those who did join us were like flickering candles in a windstorm. Time after time, their uncertain flames blew out and couldn't be relighted. Our unspoken, constant thought was "Which of us may be the next?"... Why did A.A. finally drop all its membership regulations? Why did we leave it to each newcomer to decide himself whether he was an alcoholic and whether he should join us? Why did we dare to say, contrary to the experience of society and government everywhere, that we would neither punish nor deprive any A.A. of membership, that we must never compel anyone to pay anything, believe anything, or conform to anything? The answer, now seen in Tradition Three, was simplicity itself. At last experience taught us that to take away any alcoholic's full chance was sometimes to pronounce his death sentence, and often to condemn him to endless misery. As group after group saw these possibilities, they finally abandoned all membership regulations. One dramatic experience after another clinched this determination until it became our universal tradition. From Twelve Steps and Twelve Traditions, chapter on Tradition 3.

CONCEPT THREE "To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional "Right of Decision." • Do we understand what is meant by the "Right of Decision"? Do we grant it at all levels of service or do we "instruct"? • Do we trust our trusted servants—G.S.R., D.C.M., area delegate, the Conference itself? (Reprinted from the General Service Office Service Material SM F-131)

PROMISE THREE "We will comprehend the word serenity."

All quotations from AA and AA Grapevine literature are printed with consent from A. A. World Services, Inc. and AA Grapevine.

Central Office Hours: Mon to Fri 8:00–1:00 PM & 1:30–4:30 PM (Closed on statutory holidays).
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The Chair's Corner

Hello Everyone,

Hello everyone and welcome to the Chair's Corner. We have added several more groups that have made recent contributions to Inter-

group. Thanks so much, your contributions are greatly appreciated.

Many groups have experienced hard times, some almost had to shut down and others did. Some groups, thanks to their members giving more of their own money, have managed to stay alive and are great supporters to service in AA, reminding us that contributions come in all shapes and sizes.

Our goal in Intergroup is to communicate with all groups. Starting in Mid-March, Chris R. is a new trustee. Her position will be Intergroup to Group Coordinator. Gerald K will be the Alternate Trustee/co-coordinator. The purpose of this position will be to organize teams/groups of reps and past reps (within the Intergroup Hub) to go to all of the meetings in the city and find out who is each group's Intergroup Representative, let groups ask questions and answer some questions. The teams will be working on developing rapport with the groups, talk about money, service opportunities, what they want to see happen or would like done different. We need to communicate more now than ever.

Karen B. is our new Welcome Group Trustee and she will organize speakers, group involvement etc.

In regards to transparency in signing authorities—the Intergroup Chair now has signing authority for Central Office and Social Committee and the Central Office office manager now has signing authority for Intergroup. The Intergroup Treasurer now has signing authority for Roundup and Social Committee and will be having meetings once a month with all treasurers of the Intergroup Hub and eventually meetings with Treasurers of groups will come into play, every three months or so.

An E-transfer option is now available for Intergroup contributions and the email address is saskatoonintergroup@gmail.com so e-transfers will go directly to Intergroup.

The Chair of Central Office requested to bring the revised Handbook back in as it has sat dormant for many years. Some pages got renewed, we brought in a new diagram of the local service structure for Saskatoon as well as meeting guidelines. Conclusion to the front instead of the back and new diagram in Introduction.

Also of note, Intergroup and Central Office were involved in a partnership with 5 Big Books and 1 Daily Reflections given out at the Roundup. It was not just Intergroup as previously mentioned.

Groups that contributed in 2023/2024:

- | | |
|---------------------------|-------------------------|
| Dundonald | Riversdale |
| Tea Room | 12 th Hour |
| Martensville | Friday Night Men's Stag |
| Kleen AAir | Westside |
| Attitude Adjustment | Stepping Stones |
| Shamrock | Downtown Meeting Room |
| Been There, Done That | Floral |
| Sutherland | Warman |
| Riders in Recovery | Mount Royal |
| Toon Town Connection | Grace and Gratitude |
| New Freedom | District 8 |
| Jekyll and Hyde | KISS |
| Saskatoon Roundup 2023 | Winner's Circle |
| Mustard Seed | Just For Today |
| Life's Good | Northerners |
| Saskatoon Breakfast Group | |

Thanks, Mike P

Welcome Group Trustee Report

Welcome Group is starting to come back in full force with great AA and Al-Anon speakers.

Alcoholics Anonymous has always invited Al-Anon to speak at Welcome Group as both groups help spread their message of hope to alcoholics and the families who are still suffering. With that being said, we are occasionally having difficulty finding Al-Anon members who are will to share their experience, strength and hope and this is resulting in Welcome Group having two AA speakers.

I would like to ask anyone who knows an Al-Anon speaker or any Al-Anon member who would like to share their story to get a hold of me so I can put together a list for future use.

I also would like to have the names of AA members who would like to speak or chair.

We have amazing stories from both sides here in Saskatoon that I know everyone would love to hear.

I would like to send a big thank you to Sandy, Chris, Niki and Karen for chairing in February. I would also like to thank the following speakers:

- | | |
|------------|---------------|
| Natasha AA | Laura Al-Anon |
| Matt D AA | Dawn Al-Anon |
| Karen AA | Chris AA |

Everyone did amazing sharing their strength and hope.

And a special thank you to Niki who left the roundup to open the doors for Welcome Group so people who are still suffering could go to a meeting. We had 8 people show up thinking the doors may not be open and were very grateful she was there. They had no speakers so they had an open meeting instead.

The 7th Tradition for Welcome Group keeps the doors open. We are the only city who has anything like this. We have helped alcoholics and their families who do not want to share at meetings and have gone to Welcome Group to hear the message of hope. In February we collected \$135.55. That was 4 Saturdays with a guesstimate of 68 people. The rent for a month is \$200.00, but I cannot even fathom the idea of the doors being closed and no Welcome Group. I am positive the way the numbers are increasing and when people hear the stories and stay for fellowship after we will be back to where we once were.

For March Welcome Group we have Attitude Adjustment Group chairing so come on out and support this group and cheer on the speakers.

Karen B
Welcome Group Trustee
306-221-2561
Kjibur@sasktel.net

WELCOME GROUP	
	Saturdays at 8:00 PM Louise Ave. Congregational Church
January	Martensville Group
February	Feb 3 rd : Nicki H. Feb. 10 th & 17 th : Sandy G.
March	Attitude Adjustment Group
April	April 6 th : Debz April 13: Karen B,
May	K.I.S.S. Group
June	
July	
August	
September	Been There, Done That Group
October	New Freedom Group
November	Westside Group
December	

Service Meetings**Central Office Committee:****Monday, March 11, 2024****Thiens Restaurant, 8th Street**

6:30 pm (for meeting) 5:30pm for supper

Intergroup Meeting:**Wednesday, March 13, 2024****Thiens Restaurant, 8th Street**

6:30 pm (for meeting) 6:00pm for supper

Round Up Committee Meeting:**Wednesday, April 3, 2024**

Travelodge Hotel

6:30 PM

Newsletter Submission Deadline:**23th of the Month** for entries in the next month's newsletter.**NEWSLETTER SIGN UP**Provide your email address to Central Office for a BCC delivery of the Newsletter to your mailbox!
aaskatoon@sasktel.net or 306-665-6727**GSR Meetings****District 8: 1st Wednesday****March 6, 2024**

Zoom Meeting ID: 841 336 5102

Password: 123456

7:00 PM

District 19: 2nd Wednesday**March 13, 2024 at 7:00pm****Mayfair United Church**

Contributions can be made to:

saskatoondistrict19@gmail.com

District 20: Last Sunday of the month**March 31, 2024 at 6:30pm****Downtown Meeting Room/Hybrid**

Contributions can be made to:

treasurer.district20@gmail.com

District 21: 3rd Wednesday**March 20, 2024 at 6:30pm****St. Stephen's Anglican Church****AREA 91 INFORMATION SESSION
ON THE 2024 CONFERENCE AGENDA ITEMS**

Including discussion on the founders' writings.

MARCH 4th 6:30PM - 8 PM CST**ZOOM ID - 872 1620 8351****PASSCODE - 087309**

Information Session on THE 2024 GENERAL SERVICE CONFERENCE AGENDA ITEMS. Facilitated by Lori R., your Area 91 Panel 73 Delegate.

Open to all members of Alcoholics Anonymous in Area 91. This will enable groups to be more informed about the Conference Agenda Items before sending their GSRs to the Spring Assembly on March 15th, 16th & 17th.

FOR INFORMATION ON THE SPRING ASSEMBLY, PLEASE VISIT AASASK.ORG WEBSITE BELOW:

<https://aask.org/wp-content/uploads/2024/01/Area-91-Spring-Assembly-2024-Poster-2.pdf>https://aask.org/wp-content/uploads/2024/02/Spring_Assembly-2024-Agenda-for-publication.pdf**EDITOR'S STATEMENT**

"Sunrise" publishes articles that reflect the full diversity of experience and opinion found within the Fellowship of Alcoholics Anonymous. In determining content, the editor relies on the principles of the Twelve Traditions. "Sunrise" values the shared experience of individual AA members working the AA program and applying the principles of the Twelve Steps. Seeking neither to gloss over difficult issues nor to present such issues in a harmful or contentious manner, "Sunrise" tries to embody the widest possible view of the AA Fellowship. The editor of "Sunrise" reserves the right to accept or reject material for publication, based on the AA traditions. (We note that this policy is consistent with that of the AA Grapevine.) Articles are not intended to be statements of AA policy, nor does publication of any article constitute endorsement by either Alcoholics Anonymous or Saskatoon Area Intergroup. Submissions are always welcome.

AA MILESTONES

KLEEN AAIR

Don C	January 6, 1981	43 years
Jim S.	February 14, 1993	
Ryan D.	February 19, 2018	
Rosanne G.	February 27, 1992	

TOON TOWN CONNECTION

Lloyd W.	March 1, 2021	3 years
Maria Junia	March 24, 2004	20 years
Vance J.	March 26, 2019	5 years

FRIDAY NIGHT MEN'S STAG

Matt D.	February 22	6 years
	Cake Day February 23, 24	
Stefan L.	February 28	19 years
	Cake Day March 1, 2024	
Bob T.	March 15	3 years
Mark D.	March 15	
	Cake Day March 15, 2024	

Send your group milestones to

aasaskatoon@sasktel.net or directly to the Newsletter Trustee

For announcements in the APRIL newsletter, please have submission in by MARCH 23, 2024.



HEALING GROUP

Gene F. March 3, 2015 2 years
 Celebration Day is April 7, 2024

SHAMROCK

Doug T. March 7, 2024
 Kristian B. March 12, 2019

UPON AWAKENING

Kim M.	March 22, 1981	43 years
Wayne N.	March 30, 1991	33 years

AREA 91 SPRING ASSEMBLY

March 15, 16 and 17, 2024

Humboldt Uniplex 619 17th St. Humboldt, SK

[2024 Area 91 Spring Assembly Pre-Registration Form - please email completed pre-registration form to district2dcm@aasask.org](#)

Name:

Phone #:

Email Address:

District:

Voter: Yes No

Service Position:

Home Group Name:

Area 91 Committee Position:

Meal Package for lunch and supper on Saturday March 16: \$35 per person

Saturday lunch: soup, sandwich, salad & dessert - \$15

Saturday supper: pulled pork with a bun, Caesar salad and dessert - \$20

Meal Package: Yes No

Please send pre-registration form to: district2dcm@aasask.org

Please e-transfer registration fee (\$30) & meal package (\$35) payments to: treasurer@aasask.org

Please put Spring Assembly Registration or Registration and Meal Package in the notes section of the e-transfer

Registration opens Friday March 15 at 6:00 pm at the Humboldt Uniplex

Registration fee: \$30 (may be paid at door if not pre-registered, but meal package needs to be paid by February 29, 2024)

Restaurants close by: A&W, Dairy Queen and Boston Pizza

Hotel Information – **Pioneer Hotel** \$105.00 per night for one bed, \$115 per night for two beds call 1-866-682-2638 call ASAP to book (rooms are not reserved) Ask for corporate rate for Assembly attendants.

Bella Vista Inn \$114.95 per night. Block of rooms under Area 91 AA Spring Assembly. Rooms held until February 29th.

CanAlta Hotel \$162 per night – book online if other hotels full

Central Office Service Positions Available

Saskatoon and District AA Central Office provides vital resources to assist with our primary purpose —to carry the message to the alcoholic who still suffers.

Ways that Central Office helps carry the message include:

- Monthly AA Sunrise Newsletter.
- AA Literature.
- Public Information, such as high school presentations.
- Co-operation with the professional community, such as presentations to nursing students.
- Corrections – bringing AA meetings into local corrections facilities.
- Institutions – bringing AA meetings into local rehabs and detox centers.
- 24/7 telephone answering services.
- AA Saskatoon & District Website.

We are seeking alternates for most positions and have multiple trustees with two terms that finish at the end of 2024.

Feel free to attend one of our next Central Office meetings to learn more!

Our next meetings are: Monday March 11th at 6:30pm at Thien 2 on 8th Street. Supper at 5:30pm.

Monday April 8th at 6:30pm at Thien 2 on 8th Street. Supper at 5:30pm.

Monday May 6th at 6:30pm at Thien 2 on 8th Street. Supper at 5:30pm.

To learn more, please reach out to Kieran at cell: 306-222-3428 or email:
kieran.lewko@outlook.com

A message from the Past Intergroup Chair

Okay, I'll keep it short and sweet.

Reflection- the noblest path to wisdom

Imitation- the easiest path to wisdom

Experience- the bitterest path to wisdom

In my experience since that moment of clarity, I've come to view several messages left by the masters of eastern philosophy as true with respect to being natural and universal. Confucius wrote these to instruct us in the transcending of certain levels or dimensions related to critical thinking that I relate to the 12th step process that was taught to me upon becoming willing and in my case, desperate.

A/ Reflection came to me last, it was when acceptance became a major principle that I learned how to meditate and pray. Of course this correlates to serenity, I simply found the ability to accept me.

B/ Imitation was also simple once I had found the courage to walk into a room of alcoholics and simply state that, "I'm and alcoholic and my name's Doug B". I'm one of you and I've heard that the only requirement is a desire to stop drinking, well I got that in spades. Pick a sponsor you can emulate and then do what is suggested without concern, do you trust or not. There is a power greater than me and it's not me. Guidance comes in the most interesting ways, my God is a comedian because he hid the solution to my problem in the bottom of a bottle.

C/ Experience is and will always be my 1st path. I've learned that pain made me teachable. It wasn't just my pain, it was the sum total of all the pain I felt and I inflicted on others. It wasn't easy reaching the point of no return, nope, it was extremely painful in most ways to everyone and everything that I touched. However, I did read a section of the big book that stated that even people with grave emotional and mental disorders can recover if they have the capacity to be honest. That fit me, I didn't fit anywhere yet I found a place where I fit and the rest is our personal path on a united path to happy destiny.

I thank you for allowing me to serve these last 2 years as Chair of Intergroup. It is a privilege for me and I'm grateful for the opportunity to get to know some of you better. It's difficult for me to trust yet I've found a belief that we are all connected within a large circle and that our unity is the solution that will raise the bottom through our shared experiences.

Thanks again for my sobriety, ciao for now. Doug B

INSTITUTIONS CHAIRING SCHEDULE, 2024

	LARSON HOUSE		CALDER CENTRE	
	Mon. @ 8:00 PM	Fri. @ 8:00 PM	Adult Tues. @ 8:00 PM	Youth Fri. @ 8:00 PM (except last Fri. of ea. month)
January	Jan 1 st : Sandy G Jan 8 th , 15 th , 22 nd : Jason & Chelsea. Jan 29 th : Ernie D.	Tea Room Group	Jan. 2 nd & 30 th : Collin Jan. 9 th , 16 th , & 23 rd : Melissa	Been There, Done That Group
February	Dundonald Group	Serenity Group	KISS Group	Feb 2 nd & 9 th . Rod Feb 16 th : Sandy
March	Serenity Group	Rod	Westside Group	Chelsea H.
April	Upon Awakening Group	Upon Awakening Group	Mustard Seed	Chelsea H.
May	Wisdom on Wednesdays			Sheila & Danielle
June	Healing Group	Healing Group	Northerners Group	
July	Shamrock Group		Sutherland Group	Tea Room Group
August	Roger	Roger		
September	Sutherland Group		Mustard Seed Group	
October	Attitude Adjustment Group	Attitude Adjustment Group	Upon Awakening Group	
November	Rolling Stones Group	KISS Group	Fresh AAir Group	Yours, Mine & Ours
December	Floral Group	Floral Group		

LEGEND	Yellow: Annual Commitment	Pink: Filled Space, 2024 only	Green: Open Opportunity
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"Norman, I liked you better when you were drinking!" declared an old pal, feeling no pain.

"That makes us even," replied Norman, "when I was drinking, I liked you better too."

So, this Irishman walks out of a bar.....No, really, it can happen!!

What's Irish and sits out in the yard?

Paddy O'Furniture

I am Responsible . . . **When anyone, anywhere reaches out for help**

I want the hand of AA to be there,

And for that, . . . I Am Responsible

St. Patrick's Day Coffee.

A Social Committee Fellowship Event
4 P.M. To 7 P.M.
Sunday, March 17th
The Downtown Meeting Room
115 3rd Ave. S.

The Social Committee

We are currently looking for more members. We meet on the first Sunday of each month at the Confederation Inn - 3330 Fairlight Drive, in the glassed-in area of the restaurant. Come out and help us come up with some fun events and fellowship for the upcoming year! We welcome new ideas from everyone!!

Social Committee Events

Sunday, March 3, 2024 - AA Service Workshop from 3:00-5:30 pm

Come join Lori R. and Randy M. as they review the Service Manual and the 12 Concepts for World Service, by Bill W.

Have coffee, snacks and fellowship with us at the Downtown Meeting Room - 115 3rd Ave S.

Sunday, March 17, 2024 - St. Patrick's Day Fellowship from 4:00-7:30 pm

A substitute gathering on a day when most of us would have been at the pub! Come have coffee and snacks to celebrate with us at the Downtown Meeting Room - 115 3rd Ave S.

Future Events

April Karaoke Night - Details to be announced at a later date

Please Contact Jason S., Social Committee Chairperson, for all questions or inquiries
We look forward to seeing you!

Attention Saskatoon AA Groups!

"A.A. in action calls for the sacrifice of much time and a little money."

In light of the pandemic and the shift to a cashless society, Saskatoon AA Intergroup faces a significant reduction in 7th Tradition payments. This ongoing financial deficit hampers our ability to fulfill AA's purpose within Saskatoon.

- **7th Tradition Contributions Are Needed More Than Ever**
- **Support AA Intergroup to Preserve Sobriety**
- **Contribute Today: Etransfer or Check (details below)**

Governance of 7th Tradition Contributions within your AA group includes:

Distribution Plan: Excess funds beyond group needs benefit wider AA.

Commitment to Dispersal: share excess funds when needed elsewhere.

As per Tradition Four, after covering group expenses for rent, prudent reserve, and other necessities, it is essential to consider the informed group conscience for the distribution of excess funds. This decision aligns with the autonomy of each individual group, ensuring responsible and collective choices that reflect the principles of Alcoholics Anonymous and in turn support AA as a whole in Saskatoon.

Sample Distribution Plans for your group to consider.

Plan A: Determined by group conscience

- ___% to district
- ___% to area committee
- ___% to G.S.O.
- ___% to intergroup

Plan B: Agreed to by group conscience

- 10% to district
- 10% to area committee
- 30% to G.S.O.
- 50% to intergroup

INTERGROUP and CENTRAL OFFICE COMMITTEES**INTERGROUP**

NAME	POSITION	PHONE	EMAIL	TERM
Mike P.	Chair	306-261-0201	mrpiche62@gmail.com	Jan 2024—Dec 2025
Melissa V.	Alternate chair	639-916-0942	melissaflvermette@gmail.com	Jan 2024-Dec 2025
Philip P.	Treasurer	1-780-227-5527	philippilate46@gmail.com	
Wendie L.	Secretary	306-292-6671	wjc149@sasktel.net	Jan 2023 —Dec 2024
Chris R.	Intergroup to Group Coordinator and Past Roundup Chair	306-716-5176	yxechris@hotmail.com	Jan 2024—Dec 2025
Gerard K.	Intergroup to Group Co-Coordinator	306-203-3011	gerardkaal@yahoo.com	Jan 2024—Dec 2025
Jason S.	Social Committee Chair	306-716-5130	j.p.stefanuk@gmail.com	Jan 2024—Dec 2025
	Document Retention Chair			
Karen B.	Interim Welcome Group Trustee	306-221-2561	kjbur@sasktel.net	Jan 2024—Dec 2025

CENTRAL OFFICE

NAME	POSITION	PHONE	EMAIL	TERM
Kieran L.	Chair	306-222-3428	Kieran.lewko@outlook.com	Jan 2024 - Dec 2025
	Alternate Chair			
Nathan Y	Treasurer	306-221-3190	Ngy568@yahoo.ca	Jan 2022—?
Cheryl K.	Newsletter and Minutes Recorder	306-230-2497	klassenc@sasktel.net	Jan 2023—Dec 2024
Brian B.	Literature	306-220-0025	bbauche@shaw.ca	Jan 2024—Dec 2025
Greg D.	PI/CPC	306-291-5819	gcd08@hotmail.com	Jan 2022 - Dec 2024
Matt D.	Corrections	306-251-0242	mattdonlevy@gmail.com	Jan 2024 - Dec 2025
Sandy G.	Institutions	306-221-2149	sandyguyette@gmail.com	Jan 2023 - Dec 2024
Greg L.	Telephone Answering Service/ Web Servant	306-914-2399	gregl306sk@gmail.com	Jan 2023 - Dec 2024

Just a reminder, Central Office donations from our members are Tax Deductible.

CENTRAL OFFICE HOURS

8:00AM-1:00PM & 1:30PM-4:30PM MONDAY TO FRIDAY,

Closed the last Friday of every month