



SUNRISE

THE SASKATOON & DISTRICT AA NEWSLETTER

ANNUAL SUBSCRIPTION: \$5 FOR 12 MONTHLY ISSUES.
 Mailed Subscriptions: Contact Central Office for price.
 (ALSO AVAILABLE VIA EMAIL FOR NO CHARGE, sign up on page 2)

Hi, my name is Cheryl and I am an alcoholic. I am excited to be taking on this new service opportunity. I apologize for the delays in getting the newsletter out. I had computer issues and with being a shift worker, I had trouble being able to connect with the outgoing trustee to get moving forward but all is good now. Please be patient while I try to figure out what I am doing.

If anyone is interested in sharing their story in the newsletter, I would love to hear from you.

<u>Service Meetings</u>	<u>GSR Meetings</u>
<p>Central Office Committee: Monday February 13, 2023 Zoom Meeting ID: 883 1791 4906 Password: CentralO 6:30 PM</p>	<p>District 8: 1st Wednesday February 1, 2023 Zoom Meeting ID: 841 336 5102 Password: 123456 7:00 PM</p>
<p>Intergroup Meeting: Wednesday, February 8, 2023 Zoom Meeting ID: 852 7303 7221 Password: Intergroup 6:30 PM</p>	<p>District 19: 2nd Wednesday February 8, 2023 7:00 PM</p>
<p>Round Up Committee Meeting: Wednesday, February 1, 2023 Zoom Meeting ID: 839 5821 4276 Password: Roundup 6:30 PM</p>	<p>District 20: 2nd Wednesday February 8, 2023 7:00 PM</p>
<p>Newsletter Submission Deadline: 20th of the Month for entries in the next months newsletter.</p>	<p>NEWSLETTER SIGN UP Provide your email address to Central Office for a BCC delivery of the Newsletter to your mailbox! aasaskatoon@sasktel.net or 306-665-6727</p>

All quotations from AA and AA Grapevine literature are printed with consent from A. A. World Services, Inc. and AA Grapevine.

Central Office Hours: Mon to Fri 8:00–1:00 PM & 1:30–4:30 PM (Closed on statutory holidays).
 Published by Saskatoon & District Central Office, 515–245 3rd Avenue South, Saskatoon, SK S7K 1M4
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CENTRAL OFFICE & INTERGROUP COMMITTEE***CENTRAL OFFICE***

NAME	POSITION	PHONE	EMAIL
Paige F.	Chair	639-471-1433	paige87789@gmail.com
Kieran L	Alternate Chair	306-222-3428	kieranl@nulifegroup.com
Nathan Y	Treasurer	306-221-3190	Ngy568@yahoo.ca
Cheryl K.	Newsletter	306-230-2497	klassenc@sasktel.net
	Literature		
Greg D.	PI/CPC	306-291-5819	gcd08@hotmail.com
Brian B.	Corrections	306-220-0025	bbauche@shaw.ca
Cristin W.	Institutions	306-291-6182	cristinwald@gmail.com
Sandy G.	Alternate Institutions	306-221-2149	sandyguyette@gmail.com
Greg L.	Telephone Answering Service		glinka306@gmail.com

INTERGROUP

NAME	POSITION	PHONE	EMAIL
Doug B.	Chair	760-702-5175	supertightenterprise@gmail.com
Carol S.	Alternate chair	306-270-0486	cpstobbe@sasktel.net
	Treasurer		
	Secretary		
Wendie L	Roundup Chair	306-292-6671	wjc149@sasktel.net
	Social Committee Chair		
	Document Retention Chair		

**THE CENTRAL OFFICE HOURS
8:00AM-1:00PM & 1:30PM-4:30PM
MONDAY TO FRIDAY**

Saskatoon Intergroup Needs your help...

Volunteer positions within the Intergroup Committee have become vacant & need to be filled. These positions are:

—Treasurer: This individual should have at least 5 years of sobriety & an ability to maintain, prepare, & present accurate financial records.

—Secretary: This person should have at least 3 years of sobriety. Duties include attending all Intergroup meetings & taking accurate minutes. He / She may be called upon by the Chairperson with various communications such as announcements, newsletter submissions etc.

If you are interested in either of these positions, please call or email Central Office @ 306-665-6727 or aasaskatoon@sasktel.net , talk to your Intergroup Rep, or talk to Carol S. or Doug B. from the IG Committee.

EDITOR'S STATEMENT

"Sunrise" publishes articles that reflect the full diversity of experience and opinion found within the Fellowship of Alcoholics Anonymous. In determining content, the editor relies on the principles of the Twelve Traditions. "Sunrise" values the shared experience of individual AA members working the AA program and applying the principles of the Twelve Steps. Seeking neither to gloss over difficult issues nor to present such issues in a harmful or contentious manner, "Sunrise" tries to embody the widest possible view of the AA Fellowship. The editor of "Sunrise" reserves the right to accept or reject material for publication, based on the AA traditions. (We note that this policy is consistent with that of the AA Grapevine.) Articles are not intended to be statements of AA policy, nor does publication of any article constitute endorsement by either Alcoholics Anonymous or Saskatoon Area Intergroup. Submissions are always welcome.

AA MILESTONES

KLEEN AAIR

Floyd H	January 1, 1977	46 YRs
Don C	January 6, 1981	42 yrs
Jim S.	February 14, 1993	30 yrs
Ryan D.	February 19, 2018	5 yrs
Rosanna G.	February 27, 1992	31 yrs



TOON TOWN

Paul Z.	December 8, 2021	1yr
Gina M.	December 8, 2021	1 yr
Anthony M.	December 12, 2020	2 yrs
Tatum B.	December 19, 2021	1 yr
Rich S.	December 23, 1988	34 yrs
Chris T.	December 26, 2021	1 yr
Geoffrey S.	December 28, 2020	2 yrs
Gerry OH	January 13, 1988	35 yrs
Amanda S.	January 15, 2021	2 yrs
Cheryl W.	January 15, 2021	2 yrs
Blair D.	January 27, 2021	2 yrs
David L.	January 31, 2010	13 yrs
Jamie M.	February 2, 2021	2 yrs
Destiny	February 13, 2020	3 yrs
Nancy	February 17, 2021	2 yrs
Mark G.	February 19, 2022	1 yr
Patrick	February 20, 2022	1 yr

GRACE and GRATITUDE

Sandra S.	January 12, 2006	17 yrs
Lynn G.	February 11, 1989	34 yrs
Cake Day February 27, 2023		

NEW FREEDOM

Judy F.	January 31, 2022	1 yr
Alan D.	February 11, 1998	25 yrs
Jamie M.	February 15, 2009	14 yrs
Susan B.	February 19, 2013	10 yrs

KISS

Chris R.	February 16, 2017	6 yrs
Cake Day February 27, 2023		

SHAMROCK

Twyn A.	30 yrs
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STEPPING STONES

Heather D.	February 14, 1999	24 yrs
Mike S.	February 19, 1987	36 yrs
Cake Day February 28, 2023		

Send your groups milestones to

aaskatoon@sasktel.net

For announcements in the March newsletter, please have submission in by February 20th.

Welcome to 2023, hopefully your Holiday Season was happy, joyous and free. As we start a new year with new hopes and resolutions, one of them may be to become more involved with the Service leg of our Recovery Program of Alcoholics Anonymous (AA).

As you may be aware, there are three legs in the old visual “circle and triangle” of our Program. Each leg represents Unity, Recovery and Service. They can also be looked at in another way. Unity can also be considered the Fellowship; Recovery can be seen as the Program (the 12 Steps), and Service is how we carry the message to the alcoholic who still suffers, specifically the 12th Step or the **ACTION** we take to be helpful to the next or current AA member.

There are many forms of Service. Service can be opening the meeting room, setting up tables and chairs... making coffee (very important!) and chairing the meeting. Other forms are taking on responsibilities of Group Service Reps (GSR), Inter-Group Reps at the meetings level and it continues to District Committee Members and other ways to serve the meetings and members. Service also has the form of working directly with people who still suffer from alcoholism, namely the 12 Step Call.

Our AA Central Office in Saskatoon currently takes these calls and forwards the “suffering” persons information to AA Members who have voluntarily provided their names and numbers on a list to do this type of Service and work directly with the individual. This transfer of information happens during regular business hours, but AA calls can be taken 24 hours a day. A situation that provides a way for current AA Members to be “**OF SERVICE**” to someone who is still suffering if they call in after regular business hours.

Saskatoon AA Central Office uses the services of an “after-hours” call forwarding company. Once the Central Office is closed for the day, the after-hours calls that come into the office are forwarded to this company. The service is managed by the Telephone Answering Service Trustee and will coordinate with the 12 Step Volunteers to answer the after-hours calls. Four volunteers will share the calls over the month.

To be a part of this 12 Step work is easy to do. The calls can range from giving information to the caller about where the day’s meetings are, to forwarding the callers information to a person that will do a 12 Step Call to the person who is still suffering.

Taking these calls can be done either by volunteering individually or on an AA Group basis. If your group is unsure or is looking for more information, the Telephone Answering Trustee can join your business meeting or meet for a conversation. For either individuals or groups, please contact Greg L at saskatoontas@gmail.com or 306.914.2399 (Text or call).

**I Am Responsible.
When Anyone, Anywhere, Reaches Out For Help,
I Want The Hand Of A.A. Always To Be There.
And For That,
I Am Responsible!**

Just a reminder, Central Office donations from our members are Tax Deductible.

56th ANNUAL SASKATOON DISTRICT & AREA AA INTERGROUP ROUNDUP with AL-ANON PARTICIPATION

Serenity After the Storm

February 17, 18, 19, 2023
Travelodge Hotel, Saskatoon, SK
Corner of Circle Drive W & Idylwyld Dr.

Friday February 17, 2023

5:00 pm - 8:00 pm Registration (Lobby)
6:30 pm - 7:30 pm AA/Al-anon Joint Interlude Meeting
8:00 pm - 9:00 pm AA Speaker: Lori R., Saskatoon, SK
9:30 pm bButt cCaan Live Band and Dance

Saturday February 18, 2023

9:00 am - 6:00 pm Registration (lobby)
10:00 am - 11:30 am Joint AA/Al-Anon Workshop
Topic: Exploring and navigating service work after a pandemic
12:00 pm Lunch/Break
1:00 pm - 2:00 pm Al-Anon Speaker, Marge S. Saskatoon, SK
1:00 pm - 2:00 pm AA Interlude Meeting
2:15 pm - 3:45 pm Joint AA/Al-Anon Panel Discussion
Topic: Rediscovering our role in AA post-pandemic
4:00 pm - 5:00 pm Al-Anon Interlude Meeting
6:00 pm Doors Open for Banquet
6:30 pm - 7:30 pm Banquet
7:30 pm - 8:00 pm Sobriety Countdown
8:00 pm - 9:00 pm AA Keynote, Aaron Z., Molalla, Oregon
9:00 pm - 12:00 pm Saturday Night Family Fun

Sunday February 19th , 2023

9:30 am - 10:30 am Al-Anon Speaker, Barbara F., Swift Current, SK
10:45 am - 11:45 am AA Speaker, Mo L., Keizer, Oregon
12:00 pm Closing Remarks

Tickets:

\$30. Registration (All events without Banquet). Available at door only. Guaranteed entry.

\$70. Registration & Banquet
We accept Cash, Cheque, VISA/MC, E-transfer and Debit.

To Register Contact:

Cheryl K. at 306 230 2497
saskatoonaaroundup@gmail.com

For all other inquiries contact:

Wendie L. 306 292 6671
wjc149@sasktel.net
Chris R. 306 716 5176
yxechris@hotmail.com

Early Bird Draw for 2 nights

In the HOT TUB ROOM

Deadline: January 17, 2023

Individual USBs and Cds will be sold after each speaker for \$15. Complete sets with all 5 speakers can be pre-ordered (\$50) at aaspeakers2023@gmail.com

Travelodge Hotel Phone: 306-242-8881, Toll Free: 1-800-578-7878

Roundup Weekend Room Rate: \$129.00/Night

The hotel has reserved a block of rooms which will be released to the general public after Jan 17th

56th Annual Saskatoon District & Area AA Intergroup Roundup

PRE ORDER COMPLETE SPEAKER SETS & SAVE \$!

USB'S & CD'S AVAILABLE \$50.00 FOR A COMPLETE SET , THATS 10\$ A SPEAKER! MUST BE ABLE TO PICK UP LAST DAY OF ROUNDUP AT THE TRAVE-LODGE.

**PLEASE SEND YOUR PRE-ORDER REQUESTS TO aaspeakers2023@gmail.com
Payments can be made by Cash, cheque, VISA/MC, E-Transfer & debit**

Volunteers Needed:

The 2023 Roundup committee is in need of volunteers to help make our event a success. The round-up takes place February 17, 18 and 19th at the Travelodge in Saskatoon. Positions include:

Positions	Description
GREETER	Meets and greets near the main entrance to the building
USHERS	Seating and directing at banquet
INTERLUDE	Seating and assisting at meetings
DECORATING	Setting up for weekend
TICKETS/REGISTRATION	Selling tickets and registration
TAKEDOWN/CLEANUP	Clean-up and takedown after event
COUNTDOWN	Help count members

Please contact Philip P @ 780-227-5527 or philippilat46@gmail.com if you can help out

Reminder-The 2023 Roundup is open for registration.

Get your home group together and experience some fellowship and fun. Purchase a table (8 tickets) and enjoy the banquet seated together.

If any groups wish to donate partial tickets for individuals in Macsi or Calder please reach out to Cheryl K (registration chair) saskatoonaaroundup@gmail.com or 306-230-2497

56th Annual Saskatoon District & Area AA Intergroup Roundup Saturday family fun night 9pm-12am hosted by a talented DJ providing music and games, with a special guest comedian for entertainment. Bring your FAMILY! and board games, cards-plus your dancing shoes!

7TH TRADITION TO HELP WITH THE COST OF THE ENTERTAINMENT, ROUNDUP TICKETS NOT REQUIRED TO ATTEND.

INSTITUTIONS CHAIRING SCHEDULE - 2022						
Updated: December 21, 2022	LARSON HOUSE		WELCOME GROUP	CALDER CENTER		
	Mondays 8:00 PM	Fridays 8:00 PM	Saturdays 8:00 PM	ADULT - Tuesdays 8:00 PM	YOUTH - Fridays 8:00 PM	
			Zion Lutheran Church		(Except last Friday of Each Month)	
JANUARY	Jan. 2 - Howard & Angelina Jan. 9 - Holly Jan. 16 - Joe & Bradley Jan. 23 - Gina & Cheryl / Jan. 30 - Joe & Mark	Tea Room	Martensville Group	Jan. 3 - Samantha & Charity Jan. 10 - Howard & Angelina Jan. 17 - Samantha & Whitney	Been There Done That	
FEBRUARY	Dundonald Group	Dundonald Group		Kiss Group	Feb. 3 - Joe & Chelsea Feb. 10 - Joe & Bradley Feb. 17 - Joe & Chelsea	
MARCH			Attitude Adjustment	Westside Group		
APRIL	Upon Awakening	Upon Awakening		Mustard Seed		
MAY						
JUNE				Northerners		
JULY	Shamrock Group			Sutherland Group	Tea Room	
AUGUST	Roger	Roger				
SEPTEMBER	Sutherland Group		Been There Done That	Mustard Seed		
OCTOBER	Attitude Adjustment	Attitude Adjustment	New Freedom	Upon Awakening		
NOVEMBER	Rolling Stones		Westside Group	Fresh Air Group		
DECEMBER	Floral Group	Floral Group	Riders In Recovery	Mens Stag	December 23 - Serenity Group	
LEGEND:						
Annual Commitment	Open Opportunity	Filled Space - 2023 Only	Cristin W. - Institutions Trustee Phone - 306-291-6182 Email - aainstitutions@outlook.com			
Fellowship, We are looking for volunteers to chair meetings at the Institutions over the next few months.						
Key spots include: Larson House - Mondays at 8:00 PM Larson House - Fridays at 8:00 PM Welcome Group - Saturdays at 8:00PM Calder Adult - Tuesdays at 8:00 PM Calder Youth - Fridays at 8:00 PM (except the last Friday of Each Month)						
If you have any questions or would like to volunteer please contact:						
Cristin W. 306-291-6182 aainstitutions@outlook.com						

The 2023 Saskatoon AA Roundup Committee would like to congratulate Matt D from the Friday Night Men’s Stag Group of Saskatoon for being the lucky winner of the early bird draw for the 2 night stay at the Travelodge Hotel.