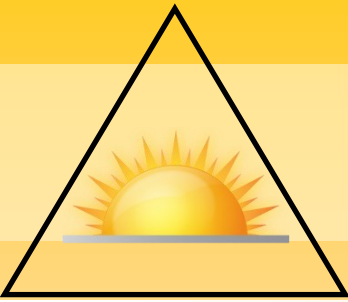




SUNRISE

THE SASKATOON & DISTRICT AA NEWSLETTER

ANNUAL SUBSCRIPTION: \$5 FOR 12 MONTHLY ISSUES.
Mailed Subscriptions: Contact Central Office for price.
(ALSO AVAILABLE VIA EMAIL FOR NO CHARGE, call Central Office)

Step 6 “Were entirely ready to have God remove all these defects of character.”

“This is the Step that separates the men from the boys.” So declares a well-loved clergyman who happens to be one of A.A.’s greatest friends. He goes on to explain that any person capable of enough willingness and honesty to try repeatedly Step Six on all his faults—without any reservations whatever—has indeed come a long way spiritually, and is therefore entitled to be called a man who is sincerely trying to grow in the image and likeness of his own Creator. Of course, the often disputed question of whether God can—and will, under certain conditions—remove defects of character will be answered with a prompt affirmative by almost any A.A. member. To him, this proposition will be no theory at all; it will be just about the largest fact in his life. He will usually offer his proof in a statement like this: “Sure, I was beaten, absolutely licked. My own willpower just wouldn’t work on alcohol. Change of scene, the best efforts of family, friends, doctors, and clergymen got no place with my alcoholism. I simply couldn’t stop drinking, and no human being could seem to do the job for me. But when I became willing to clean house and then asked a Higher Power, God as I understood Him, to give me release, my obsession to drink vanished. It was lifted right out of me.”

From Twelve Steps and Twelve Traditions, chapter on Step 6.

CONCEPT SIX — The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board. (General Service Office Service Material)

Tradition 6 “An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.”

The moment we saw that we had an answer for alcoholism, it was reasonable (or so it seemed at the time) for us to feel that we might have the answer to a lot of other things. The A.A. groups, many thought, could go into business, might finance any enterprise whatever in the total field of alcoholism. In fact, we felt duty-bound to throw the whole weight of the A.A. name behind any meritorious cause.

Here are some of the things we dreamed. Hospitals didn’t like alcoholics, so we thought we’d build a hospital chain of our own. People needed to be told what alcoholism was, so we’d educate the public, even rewrite school and medical textbooks. We’d gather up derelicts from skid rows, sort out those who could get well, and make it possible for the rest to earn their livelihood in a kind of quarantined confinement. Maybe these places would make large sums of money to carry on our other good works. We seriously thought of rewriting the laws of the land, and having it declared that alcoholics are sick people. No more would they be jailed; judges would parole them in our custody. We’d spill A.A. into the dark regions of dope addiction and criminality. We’d form groups of depressive and paranoid folks; the deeper the neurosis, the better we’d like it. It stood to reason that if alcoholism could be licked, so could any problem.

From Twelve Steps and Twelve Traditions, chapter on Tradition 6.

All quotations from AA and AA Grapevine literature are printed with consent from A. A. World Services, Inc. and AA Grapevine.

Central Office Hours: Monday to Thursday 10:00–3:00 (Closed on statutory holidays).
Published by Saskatoon & District Central Office, Unit 5, 1006 8th Street East, Saskatoon, SK S7H 0R9
Email: aasaskatoon@sasktel.net Website: aasaskatoon.org Phone: (306) 665-6727

Snippets From AA Literature

A.A. is a spiritual program and a spiritual way of life. Even the first half of the First Step, "We admitted we were powerless over alcohol," is a spiritual experience. An A.A. member needs more than physical capabilities; he needs the use of his full faculties as a human being to hear the message, to think about it, to review the effects of the past, to realize, to admit, and to accept. These processes are activities of the mind, which is part of the spirit.

From Came to Believe, pg. 3

A.A. is not a religious organization. Alcoholics Anonymous has only one requirement for membership, and that is the desire to stop drinking. There is room in A.A. for people of all shades of belief and non-belief.

A.A. co-founder Bill W. wrote in 1965:

We have atheists and agnostics. We have people of nearly every race, culture and religion. In A.A. we are supposed to be bound together in the kinship of a common suffering. Consequently, the full individual liberty to practice any creed or principle or therapy whatever should be a first consideration for us all. Let us not, therefore, pressure anyone with our individual or even our collective views. Let us instead accord each other the respect and love that is due to every human being as he tries to make his way toward the light. Let us always be inclusive rather than exclusive; let us remember that each alcoholic among us is a member of A.A., so long as he or she declares.

Whatever you do, please don't let someone else's religious beliefs prevent you from finding the solution that is available to you through Alcoholics Anonymous.

(Excerpt from Pamphlet: The "God" Word: Agnostic and Atheist Members in A.A., pgs 5-6)

Central Office Connection

Saskatoon Central Office provides vital resources to assist with our primary purpose—to carry the message to the alcoholic who still suffers. Central Office services would not be possible without 7th tradition contributions made to Intergroup.

Central Office Update

-Soft cover big books are now \$18!

-We have chair people in place for Calder Adult, Dube Centre and Larson House up to the end of the year. Carter House and Calder Youth have chair people in place till the end of August and the Wellness Centre has chair people in place till the end of September.

-CPC/PI has 2 presentations to the College of Nursing in May/June.

-We are currently investigating Search Engine Optimization (SEO) for Central Office so that we make sure that when people search for us, we are the top option that comes up.

-April 2025 Traffic Log—There were 26 visits and 28 calls and 58 emails during the month of April. Compared to April 2024 where we had 54 calls and 23 visits in the month. Emails were not tracked in 2024.

-Central Office Committee will not conduct meetings for July and August.

We are always seeking trustee alternates, and we have multiple trustees with 2-year terms that finish at the end of 2025.

To learn more, please reach out to the Central Office Chair - Kieran via cell: 306-222-3428 or email: kieran.lewko@outlook.com

Additionally, please reach out to Central Office, 306-665-6727, if you have any questions.

Next Central Office Committee meeting:

Monday, June 9, 2025

at 6:30pm at Central Office

(#5, 1006 8th Street East).

Service Meetings**Central Office Meeting:****2nd Monday, June 9, 2025****Central Office, #5, 1006 8th Street East**

6:30 pm (note: no meetings in July and August)

Intergroup Meeting:**2nd Wednesday, June 11, 2025****Travelodge Hotel, 106 Circle Dr.**

6:30 pm

Round Up Committee Meeting:**1st Wednesday, June 4, 2025****Travelodge Hotel, 106 Circle Dr.**

6:30 PM

Newsletter Submission Deadline:**20th of the Month** for entries in the next month's newsletter.**NEWSLETTER SIGN UP**Provide your email address to Central Office for a BCC delivery of the Newsletter to your mailbox!
aasaskatoon@sasktel.net or 306-665-6727**GSR Meetings****District 8: 1st Wednesday****June 4, 2025****Cheese Toast Family Restaurant****2410 22nd St. W. @ 7:00 PM**Contributions can be made
to districtaa477@gmail.com**District 19: 2nd Wednesday****June 11, 2025 at 7:00pm****Mayfair United Church, 902 33rd St. W.**Contributions can be made to:
saskatoondistrict19@gmail.com**District 20: Last Sunday of the month****June 29, 2025 at 6:00pm (NEW TIME)****Zoom Meeting****Zoom ID 862 3760 9104**Contributions can be made to:
treasurer.district20@gmail.com**District 21: 3rd Wednesday****June 18, 2025 at 6:45pm****St. Stephen's Anglican Church,
10 Grosvenor Cres.****ON SPONSORSHIP****How should a sponsor be chosen?**

The process of matching newcomer and sponsor is as informal as everything else in A.A. Often, the new person simply approaches a more experienced member who seems compatible, and asks that member to be a sponsor. Most A.A.s are happy and grateful to receive such a request. An old A.A. saying suggests, "Stick with the winners." It's only reasonable to seek a sharing of experience with a member who seems to be using the A.A. program successfully in everyday life. There are no specific rules, but a good sponsor probably should be a year or more away from the last drink — and should seem to be enjoying sobriety.

(Excerpt from Pamphlet: Questions & Answers on Sponsorship, pg 9)

**EDITOR'S STATEMENT**

"Sunrise" publishes articles that reflect the full diversity of experience and opinion found within the Fellowship of Alcoholics Anonymous. In determining content, the editor relies on the principles of the Twelve Traditions. "Sunrise" values the shared experience of individual AA members working the AA program and applying the principles of the Twelve Steps. Seeking neither to gloss over difficult issues nor to present such issues in a harmful or contentious manner, "Sunrise" tries to embody the widest possible view of the AA Fellowship. The editor of "Sunrise" reserves the right to accept or reject material for publication, based on the AA traditions. (We note that this policy is consistent with that of the AA Grapevine.) Articles are not intended to be statements of AA policy, nor does publication of any article constitute endorsement by either Alcoholics Anonymous or Saskatoon Area Intergroup. Submissions are always welcome.

AA MILESTONES

SHAMROCK GROUP

Kelli T. June 17/18 7 years

KLEEN AAIR

Bruce H. June 2/92 33 years

Monique D. June 20/84 41 years

Ced E. June 25/10 15 years

MARTENSVILLE

Beau F. June 10/91 34 years

Colleen S. June 17/84 41 years

HEALING GROUP

Greg R. June 6/06 19 years

Vern S. June 20/20 5 years

Celebration last Sunday of the month

ROLLING STONES

Anne P. May 21/25 43 years

Anne Z. May 21/25 3 years

TOON TOWN CONNECTIONS

Terry K. June 23/23 2 years

Judie I. June 25/78 47 years

Gordon S. June 1/21 4 years

STEPPING STONES

Phyllis C. June 12/77 48 years

Don O. June 21/00 25 years

Cake Day June 24th—last Tuesday of the month

Send your group milestones
to

aasaskatoon@sasktel.net

Or the Newsletter Trustee

Doug H. at

doug91074@gmail.com

**For announcements please submit by
the 20th of the month for entry into
the next month's Newsletter.**

WELCOME GROUP

Speaker Meeting, Louise Ave. Congressional Church
1602 Louise Ave., Saturdays 7:30pm-8:30pm
Contact Info: Kevin C., Ph:306-220-6436, Email: Lukenuke26@hotmail.com

I am feeling grateful and honored to be of service as the new Welcome Group trustee. I would like to thank Melissa V and Mike P for encouraging me to take on this Intergroup position.

I would also like to thank Chris R for showing me the ropes and helping to streamline the instruction manuals. I would also like to thank Sheila U (Institutions) for putting together a list of Al-Anon speakers and all of the groups that volunteered to chair the weekly meetings for each month.

What is Welcome Group?

It is a one hour speakers meeting. Generally it has two speakers for the evening. One AA speaker and most times we have participation from Al-Anon as the second speaker. I'm hoping to have some one hour special guest speakers throughout the year in 2026. (Actually all speakers that volunteer are special)

Why should I support Welcome Group?

I can think of many reasons. Here are a few.

-It is a great place to meet people in the fellowship from many other groups and hear new stories and make new friends. After the meeting many people like to go to Fuddrucker's for coffee and something to eat and to have great conversations. Lot's of laughter!

-it is a place to bring friends or family 's that are affected by alcoholics and are curious about how our program works and maybe get an understanding of our disease. The Al-Anon speaker is also helpful in telling how Alcohol affected their lives and that there is a solution for those whom suffer from the chaos left behind by alcoholics.

What's new?

The Welcome Group poster will now include the speakers for each week. The poster is part of the Central Office weekly email for those on the email list. Now you can bring the poster to your group and include it in your announcements at your home group! If you are not on the weekly email list, call Celine at Central Office or email her at aasaskatoon@sasktel.net to be added to the email list.

The meeting is now listed as a speakers meeting in the weekly AA meeting list so people will be aware of what kind of meeting it is.

We will now accept groups that cannot commit to a whole month to allow them to chair Welcome Group for half of a month. This would help some of the smaller groups that find it hard to find enough members to do a whole month.

There is only the first two Saturdays in July and the month of November left to fill for 2025!

If you are curious about what is involved with chairing Welcome Group, please email me and I will send you the procedures for setting up the room and also the meeting format. These documents are straight out of the Welcome Group manual and will give you a sense of what is involved in running Welcome Group.

I just wanted to mention that I am quite excited about Welcome Group! In the short time I have been trustee I have learned that I have much to learn. I know that with the help of my Higher Power and all the many helpful people in the fellowship I will be just fine.

SEE YOU AT WELCOME GROUP!

Your trusted servant

Kevin C.

CENTRAL OFFICE HOURS IN JUNE

CO Hours June 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 CO Open from 10:00 AM-3:00 PM	3 CO Open from 10:00 AM-3:00 PM	4 CO Open from 10:00 AM-3:00 PM	5 CO Open from 10:00 AM-3:00 PM	6 CO Closed	7
8	9 CO Open from 10:00 AM-3:00 PM	10 CO Open from 10:00 AM-3:00 PM	11 CO Open from 10:00 AM-3:00 PM	12 CO Open from 10:00 AM-3:00 PM	13 CO Closed	14
15	16 CO Open from 10:00 AM-3:00 PM	17 CO Open from 10:00 AM-3:00 PM	18 CO Open from 10:00 AM-3:00 PM	19 CO Open from 10:00 AM-3:00 PM	20 CO Closed	21
22	23 CO Open from 10:00 AM-3:00 PM	24 CO Open from 10:00 AM-3:00 PM	25 CO Open from 10:00 AM-3:00 PM	26 CO Open from 10:00 AM-3:00 PM	27 CO Closed	28
29	30 Staff Vacation CO Closed					

CO is open from Monday – Thursday, 10:00 AM-3:00 PM unless otherwise specified.

Sixth Step Snippet
From the Big Book
Page 76

We have emphasized willingness as being indispensable. Are we now ready to let God remove from us all the things which we have admitted are objectionable? Can He now take them all—every one? If we still cling to something we will not let go, we ask God to help us be willing.

WELCOME GROUP, 2025

	WELCOME GROUP
	Sat. @ 7:30 PM Louise Ave. Congregational Church
January	Martensville Group
February	
March	Attitude Adjustment Group
April	
May	K.I.S.S. Group
June	Healing Group
July	July 5 th : July 12 th : July 19 th & 26 th : Wisdom on Wednesdays
August	Tea Room Group
September	Been There, Done That Group
October	Saturday Morning Live
November	
December	Yours, Mine & Ours Group

LEGEND	Yellow: Annual Commitment	Pink: 2025 Only	Green: Open Opportunity
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HAPPENINGS

FRIDAY NIGHT MENS STAG 9th ANNUAL BBQ

When: Friday July 11th, 2025 at 7 PM
Where: 812 Preston Ave., Cost: 7th Tradition
BBQ will include Burgers, Hotdogs, Salad, Pop
and Coffee.
Just bring yourself and your mind will follow.
OPEN SPEAKER MEETING AT 8 PM

BIG BOOK IN UKRAINIAN

We hope to be receiving some copies of our Big Book in Ukrainian. The plan is they will be available, for free, at Central Office in June. Feel free to contact me if you are interested.

Doug H., Newsletter Trustee
doug91074@gmail.com

District 20 is changing its meeting time. Instead of meeting on zoom at 6:30 on the last Sunday of the month, the meeting will be at 6:00pm.

New Group Offbeat Path

Grace Westminster Church, 505 10th St. East
Sundays @ 7 pm

WE ARE MOVING!

SUTHERLAND AA GROUP WILL BE MOVING TO A
NEW LOCATION STARTING THURS., JUNE 5, 2025
AT: GRACE LUTHERAN CHURCH—603 - 115TH ST
FOREST GROVE - MEETING STARTS AT 7:30
EVERYONE IS WELCOME!

TEA ROOM IN THE PARK MEETINGS

(Jun 14th, Jul 12th, Aug 9th, and Sept 13th)

Second Saturday of the Month, 3pm
Buena Vista Park (7th St & Victoria Ave)
Bring your own chair/blanket & coffee

Weather permitted meeting will
resume at Tea Room's usual location

No Washrooms on site

SERVICE OPPORTUNITIES

Give Back What Has Been So Freely Given to You

Your help is Needed.

Volunteer in Corrections and R.P.C.

For More Information Contact:

Call, Text or email

Brian B (306) 220-0025, bbauche@shaw.ca

Matt D. (306) 2510242, Mattdon-
levy@gmail.com

Intergroup Social Committee

Is looking for volunteers to fill the following positions:

Secretary & Co-Chair.

If you are able to help out, please

contact Whitney:

greenleafwhitney@gmail.com.

DEAR FELLOWSHIP

I am excited to announce that all Institutions have Chairpersons until the end of 2025 except for Calder Youth and Carter House.

We still need chairpersons for Calder Youth in October, November and December. Carter House has some vacancies in November and December. (STC Wellness Centre is on hold at this time.)

Thank you to the Fellowship for consistently "showing up and suiting up"! I am blessed to be a part of!!

I am responsible.

Sheila U

Institutions Trustee

INTERGROUP and CENTRAL OFFICE COMMITTEES**INTERGROUP**

NAME	POSITION	PHONE	EMAIL	TERM
Mike P.	Chair	306-261-0201	mrpiche62@gmail.com	Jan 2024—Dec 2025
Chris R	Alternate chair	306-716-5176	yxechris@hotmail.com	Jan 2024-Dec 2025
Philip P.	Treasurer	1-780-227-5527	philippilate46@gmail.com	
Tyler S	Treasurer Co-Chair	306-250-5474	tylershoffer@gmail.com	
Wendie L.	Secretary	306-292-6671	wjc149@sasktel.net	Jan 2023—Dec 2024
.	Intergroup to Group Coordinator			
Whitney G.	Social Committee Alternate Chair	306-314-4512	greenleafwhitey@gmail.com	Jan 2024—Dec 2025
Kevin C	Welcome Group Trustee	(306) 220-6436	Lukenukr26@hotmail.com	Apr 2024—Apr 2026
Melissa V.	Roundup Chair	639-916-0942	melissaflvermette@gmail.com	Mar 2025—Mar 2026

CENTRAL OFFICE

NAME	POSITION	PHONE	EMAIL	TERM
Kieran L.	Chair	306-222-3428	kieran.lewko@outlook.com	Jan 2024 - Dec 2025
	Alternate Chair			
Tim T.	Treasurer	306-229-2567	tim@cheshiresmile.com	Jan 2024-Dec 2025
Cheryl K.	Secretary	306-230-2497	klassenc@sasktel.net	Jan 2024—Dec 2025
Doug H.	Newsletter	306-291-8647	doug91074@gmail.com	Mar 2025—Dec 2026
Brian B.	Literature	306-220-0025	bbauche@shaw.ca	Jan 2024—Dec 2025
Barry S.	PI/CPC	306-241-6800	stuart.commercial@hushmail.com	Jan 2025 —Dec 2026
Matt D.	Corrections	306-251-0242	mattdonlevy@gmail.com	Jan 2024 —Dec 2025
Sheila U.	Institutions	306-713-9810	shuurzada@gmail.com	Jan 2025—Dec 2026
Cathy H.	Web Servant	306-830-5182	cthanch@mail.com	Jan 2025—Dec 2026
Trent H.	Telephone Answering Service	306-222-0041	trentheidt777@gmail.com	Jan 2025—Dec 2026

Just a reminder, Central Office donations from our members are Tax Deductible.

CENTRAL OFFICE HOURS

10:00am to 3:00pm Monday to Thursday

Closed all Statutory Holidays

H.O.W. ?

Honesty, Open-mindedness and Willingness

Swift Current 60th Annual AA Round-up with Al-Anon Participation

Saturday June 14th, 2025

First United Church Hall - Upper Level

223 3rd Avenue NE., Swift Current, Saskatchewan

Begins with Registration at 9 am Saturday followed by full day of activities, ending with a speaker at 7 pm

- AA Clubhouse Swift Current 306-773-7494

Registration: 7th Tradition

Lunch: Buns, cold cuts and vegetables \$10

Supper: Chinese Food \$20

Pre-order at registration



Every weekend I say to myself: Bob, you have to stop drinking.

Luckily I'm not Bob.

When I read about the evils of drinking, I gave up reading.

Boy: "I love you so much, I could never live without you."

Girl: "Is that you or the beer talking?"

Boy: "It's me talking to the beer."

Just a reminder, Central Office donations

CENTRAL OFFICE HOURS

10:00am to 3:00pm Monday to Thursday

Closed all Statutory Holidays

45TH MAREAN LAKE CAMP OUT ROUND-UP**“DO IT SOBER”**

June 13, 14, 15, 2025

Christ the King Camp

Camp Entrance is South of Resort Entrance

Showers, Kitchen, Hall

Non-modern cabins for rent @\$35/night— bring your own bedding & personal items

Electric hook-up sites \$35/night

Non-electric sites are free

From Tisdale: 26 km S on Hwy 35, 27.5 km E at McKague on grid 733, 11km S on grid 679

From Bjorkdale: 11 km S on grid 679, 3.2 km E on grid 773, 11 km S on grid 679

From Archewill: 17 km E on Hwy 349, 8 km N on grid 679

For further information or to book Cabin or Camping

All sites must be pre-booked - check-in time for camping is Friday at 4 pm

Email: mareanlake@gmail.com

Gates open Friday at 4 pm with coffee and campfire meeting to follow

Saturday breakfast is at 8 am followed by registration and a full day of activities

Sunday breakfast is at 9am and the Round-up closes with a Unity Lunch at noon

“HALF MEASURES AVOIDED US NOTHING”**Prince Albert 72nd Annual Gateway AA Round-up**

With Al-Anon Participation

May 30th, 31st and June 1st, 2025

Registration begins on Friday at 4:30 pm

Additional Registration Saturday at 9 am followed by a full day of activities

Breakfast Sunday at 8 am and ends with a speaker at 10:30 am

Full Ticket is \$50 and includes all speakers, banquet, breakfast and coffee

Partial ticket is \$30 and includes all speaker and coffee

Location

Nordale Hall

1306— 6th Avenue NW

For more information call: Chad W. 306-961-4359 - to pre-register call Leanne L. 306-960-3666

Just a reminder, Central Office donations from our members are Tax Deductible.

CENTRAL OFFICE HOURS
 10:00am to 3:00pm Monday to Thursday
 Closed all Statutory Holidays

INSTITUTIONS CHAIRING SCHEDULE, 2025:

	LARSON HOUSE	CALDER CENTRE			DUBE CENTRE	STC WELLNESS CENTRE	Center House Treatment Centre
	Mon. @ 8:00 PM	Fri. @ 8:00 PM	Adult Tues. @ 8:00 PM	Youth Fri. @ 8:00 PM (except last Fri. of ea. month)	1 st & 3 rd Mondays of each month. 7:00 PM	1 st & 3 rd Thursday of the month 7:00 PM	Thursdays @ 7:00 PM
January	Jan 6 th & 27 th : Colin Jan 13 th & 20 th : Serenity Group	Tee Room Group	Women of Will	Been There, Done That Group	Jan 6/23: Sandy & Kevin (2 nd Floor) Jan 20/23: Sheila & Colin D. (Main Floor)		Mar 6 th , Chris R. & Kevin C Mar 13 th : Howard & Sheila Mar 20 th : Kevin C. & Judy M. Mar 27 th : Lori R. & Vance J.
February	Dundonald Group	Serenity Group	KISS Group	Colin D.	Feb 3/23: Colin D. & Rodger (2 nd floor) Feb 17/24: Martina & Sheila (Main Floor)		
March	Serenity Group	Mar 7 th : Healing Group Mar 14 th , 21 st & 28 th : Mike S	Westside Group	Healing Group	Mar 3 rd (2 nd Floor) Colin D., Sandy G. Mar 17 th (Main floor) Colin D., Rodger	Mar 6 th & 20 th : Susan S. & Sheila U.	Mar 6 th , Chris R. & Kevin C Mar 13 th : Howard & Sheila Mar 20 th : Kevin C. & Judy M. Mar 27 th : Lori R. & Vance J.
April	Upon Awakening Group	Upon Awakening Group	Mustard Seed	Apr 4 th & 11 th : Belle M. Apr. 18 th : Dawn D. & Justice N.	Apr 7 th : (2 nd Floor): August M. & Sheila U. April 21 st : (Main Floor): August M. & Sheila U.	April 3 rd & 17 th : Sonya & Rodger	Apr 3 rd : Colin D. Apr. 10 th : Kevin C. & Natasha C Apr 17 th & 24 th : Howard R.
May	Rob C.	Mike S	Paul L.	May 2 nd : Joseph O. May 16 th : Brian A. May 30 th & 23 rd : Brian A.	May 5 th : (2 nd Floor): Sandy G., Danielle L. May 19 th : (Main floor): Rodger	May 1 st & 15 th : Colin D.	May 1 st & 8 th : Belle May 15 th : Chris R. May 22 nd : Colin D. May 29 th : Emily M. & Sheila U.
June	Wally C.	Serenity Group	Northerners Group	Natasha C.	Jun 8 th : (2 nd Floor): Sandy G., Danielle L. Jun 23 rd : (Main floor): Rodger	June 3 rd & 19 th : Davis D.	June 20 th : Lori R. June 27 th & 19 th : Kevin C. June 26 th : Chris R.
July	Steinrock Group	Brian A.	Sutherland Group	Colin D.	July 7 th : Sandy G. July 21 st : Danielle L.	July 3 rd & July 17 th : Emily M. & Sheila U.	Tee Room Group
August	Roger	Roger	Tee Rm. Gr.	Aug 1 st , 8 th , 15 th , 22 nd : Brian A.	Aug 4 th : Sandy G. Aug 18 th : Danielle L.	Aug 7 th & 21 st : Colin D.	Aug 7 th : Belle M. Aug 14 th : Lori R. Aug 21 st : Belle M. Aug 28 th : Chris R.
September	Sutherland Group	Serenity Group	Mustard Seed Group	Life's Good	Sept 1 st : Sandy G. Sept 15 th : Danielle L.	Sept 4 th & 18 th : Rodger	Sept 4 th : Howard R. Sept 11 th : Lori R. Sept 18 th : Howard R. Sept 25 th : Chris R.
October	Altitude Adjustment Group	Altitude Adjustment Group	Upon Awakening Group		Oct 6 th : Sandy G. Oct 20 th : Danielle L.		Oct 2 nd : Paul L. Oct 9 th : Lori R. Oct 16 th : Paul L. Oct 23 rd : Chris R. Oct 30 th : Paul L.
November	Rolling Stones Group	KISS Group	Colin D.		Nov 3 rd : Sandy G. Nov 17 th : Danielle L.		Nov 6 th : Nov 13 th : Nov 20 th : Nov 27 th : Chris R.
December	Floral Group	Floral Group	Friday Night Men's Stag		Dec 1 st : Sandy G. Dec 15 th : Danielle L.		Dec 4 th : Dec 11 th : Dec 18 th : Dec 25 th : Chris R.
Contact: Sheila U. (Institutions Trustee) @ shuarrists@gmail.com or 306-713-9810							
Annual Commitment	2023 only			Open Opportunity			

Contact: Sheila U. (Institutions Trustee) @ shuarrada@gmail.com or 306-713-9810

Annual Commitment

2025 only

Open Opportunity